



# NATIONAL SPORTS UNIVERSITY

Imphal, Manipur



## ADMISSION PROSPECTUS 2018-'19

Don't Say No to Sports - it's Life

Department of Sports  
Ministry of Youth Affairs & Sports  
Government of India





## NATIONAL SPORTS UNIVERSITY

Imphal, Manipur



**Challenge yourself.**

**Intrigue your intellect.** Provoke it.

Arouse your curiosity. Investigate.

Question assumptions. Including your own.

**Prove them.** Right or wrong.

**Come ready to mould and be moulded.**



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**Secretary (Sports)**  
**Government of India**

**Message**



**Rahul Bhatnagar, IAS**

Aspiration is the main fuel for progress. Aspirations transform ordinary people into extraordinary achievers. National Sports University (NSU) is the fulfillment of the aspirations of the people of Manipur and the Government of India to create an educational and coaching edifice in the field of sports, based on values and excellence. Leadership by example is, perhaps, the most essential instrument to encourage youngsters to demonstrate commitment and dedication towards any goal.


The role of the NSU will be to mould its students to become the best in their chosen field of study. Each programme offered by NSU is carefully structured and vetted by experts in the field to meet international standards.

The partnerships made by signing the MoUs with other universities across the world will ensure that they are familiar with the best practices in the world of sports.

The University aims to introduce generic sports science programmes covering sports science and medicine, sports management and technology, sports education, sports journalism, and interdisciplinary studies.

NSU is the embodiment of the commitment of the Government of India towards the development of sports and games to international standards by pioneering the first ever central university dedicated to the cause of sports and applied research thereof. Cutting edge research in the field by partnering with other universities within and outside the country will surely give NSU the impetus required to launch it on to its journey to become a world-class university of its kind. I am certain that the NSU will emerge as a truly effective model for development of positive changes in the sports ecosystem of our country.

I wish the National Sports University and its students a bright and fulfilling future.

  
**(Rahul Bhatnagar)**

## Manipur at a Glance

*“Over every mountain there is a path, although it may not be seen from the valley.”*

*~ Theodore Roethke*

**M**anipur, with its state capital Imphal, is one of the seven sister states of the northeastern part of India. An oval-shaped valley surrounded by nine ranges of bluish-green hills, Manipur is a veritable “land of gems.”

With its cascading rapids, forests rich in Shirui Lily, and diverse fauna like the hoolock gibbon, slow loris, etc. to name a few, makes Manipur one of the unique states of India. The Sangai, the state animal of Manipur, also known as the dancing deer or the Eld’s deer, is an endangered subspecies of brow-antlered deer, found only in this state.

The state is rich in culture, too. The classical devotional form of Manipuri dance is famous for its exotic costumes and graceful rhythm.



### Imphal

Imphal, with an area of 8621 square miles, is situated 786 metres above sea level and is one of the most ancient cities in India. The name ‘Imphal’ is derived from ‘Yumphal’, meaning ‘the land of many villages.’ The landscape of Imphal is a mix of hills, valleys, forests, and rivers.

### Sports

Sports in Manipur dates to the time of ancient history. The most popular traditional games include Sagol Kangjei, Thang Ta & Sarit Sarak, Khong Kangjei, Yubi Lakpi, Mukna, Hiyang Tannaba and Kang. The modern-day polo game is said to have its roots in Sagol Kangjei, the traditional sport of the state. Not surprisingly, Imphal boasts of Imphal Polo Ground, the oldest one in the world. The Manipuri style of polo is known as the Pana which is different from the polo played in the international style.

Thang Ta & Sarit Sarak are a very skillful and energetic martial arts. Khong Kangjei is also known as Manipuri hockey which is played with seven players on each side like polo. Yubi lakpi is a seven-a-side Manipuri version of rugby. ‘Yubi’ in Manipuri means coconut and ‘Lakpi’ means snatching. Mukna is the



name given to Manipuri wrestling, which is played between two male rivals.

## Sports Achievers

The state of Manipur has produced several great sportspersons - boxers like MC Mary Kom; weightlifters like N. Kunjarani Devi, Mirabai Chanu, and Khumukcham Sanjita Chanu; hockey players like Tingonleima Chanu; and footballers like Jackson Singh Thounaojam, Givson Singh Moirangthem, etc.

The lake has multiple ring-shaped land masses floating on it known as “phumdis” or “phumshongs.” Phumdis are heterogeneous mass of biomass, surrounded by colourful water plants and water chestnuts.

Kangla Fort or Kangla Palace, a symbol of Manipur’s glory, is situated close to the western bank of the Imphal River. The word ‘kangla’ means ‘dry land’ in old Meitei. The major landmarks in the growth of Kangla Fort were constructed by King



## Climate

The climate is moderate in the valley and cold in the hills. In summer, the temperature ranges from 32°C to 34°C whereas the winter temperatures can drop from 1°C to 2°C.

## Places of Attraction

Imphal has several places of attraction.

**Loktak Lake**, which is like a miniature sea, is the largest fresh water lake in the North-Eastern India and is the only floating national park, Keibul Lamjao, in the world. This national park, situated on the largest phumdi in the lake, is also home to endangered Sangai - the state animal of Manipur.

Khagemba (1597–1652 AD), the conqueror of the Chinese. Kangla is the most important historical and archaeological site of Manipur because the kingdom of Manipur was established and developed at Kangla.

The other places of attraction are the Ima Keithel Women’s Market, ISKCON Temple, INA Museum, India Peace Memorial, Red Hill, etc.

## How to Reach

Nearest airport: Tulihal Airport in Imphal is well-connected to Delhi, Mumbai, Kolkata, Guwahati, Bangalore and Nagpur.

# Reach.

For the stars. You may stumble. You may fall.

Get up. Again, and again. **Sweat it out .**

Strain your muscles.

**S - T - R - E - T - C - H** your limits.

Believe in yourself.

Even if you don't grab stars, you won't come up with mud either.

And who knows, you may come up with a  
fistful of stars, too!!

We encourage you to reach for the stars.



# 1. Introduction to National Sports University, Manipur

*It is not about what we have today, but what will best serve future generations in the next hundred years or so.*

**N**elson Mandela, the Nobel laureate for peace and former president of South Africa said in one of his speeches, "Sport has the power to change the world. It has the power to inspire. It has the power to unite people in a way that little else does. It speaks to youth in a language they understand. Sport can create hope where once there was only despair..." But to inspire the next generation, we need the right professionals to lead and coach them in sport.

India already has several state universities focusing on sports education including a Deemed University. But NSU is the first Central University to be set up in India with the objectives of focusing on sports education and producing top athletes, sports scientists, and physical educationists.

The proposed university would be organized under four schools:



**(1) School of Sports Science and Sports Medicine** having numerous departments such as Applied Physiology and Anatomy, Biochemical Sciences, Applied Psychology, Sports Biomechanics and Movement Sciences, Preventive and Rehabilitative Sciences, Sports Sciences, Disability Sports and Adventure Sports, Clinical Sports Medicine Unit, etc.;

It is with this as one of the missions that the National Sports University, Manipur was set up in 2018, with a tentative project cost of over Rs.500 crores. The University is presently from functional its temporary campus at the Khuman Lampak Campus, Imphal. Prime Minister Modi has already laid the foundation stone for the University's proposed 325 acre campus at Imphal West, on 16<sup>th</sup> March 2018. The construction work is in full swing at the proposed site.

A state like Manipur which has produced many sportspersons of international repute, more than deserves a state-of-the-art sports university which will further give the much-needed push to produce more prodigies.

**(2) School of Sports Management and Technology** with the departments of Sports Management and Digital Media, Sports Technology and Architecture, etc.;

**(3) School of Sports Education** having departments of Physical Education, Sports Coaching and allied sciences.

**(4) School of Interdisciplinary Studies** having departments of Languages, Sports Sociology, Peace and Development, etc.

The National Sports University will have the flexibility to open new schools/departments in consonance with the advances and developments in sports science, sports medicine, and allied areas.

The University, once developed, will be the first one of its kind to promote sports education in the areas of sports sciences, sports technology, sports management, and sports coaching. It will also function as the national training centre for selected sports disciplines by adopting the best international practices by signing Memoranda of Understanding (MoU) with international universities. The Ministry of Youth Affairs and Sports has already signed MoUs with the Universities of Canberra and Victoria in April 2017.

## **1.1. MOTTO**

Through tireless effort and knowledge, towards excellence.

## **1.2. MISSION**

- (a) To produce top athletes, sports scientists, and competent physical educationists by offering programs that cultivate learning through competition, recreation, and physical activity in addition to classroom learning.
- (b) To mentor students by inculcating values and leadership skills in them by providing diverse opportunities that develop character to succeed in all facets of their lives.
- (c) To study human potential holistically by conducting pioneering research in the field of sports science and use its findings to boost public health and enhance international performance of Indian athletes.
- (d) To develop the entire sports eco-system including sports management, sports journalism, sports architecture, sports equipment manufacturing, etc.
- (e) To contribute towards promoting international peace with the power of sports by helping build a society and country healthy in mind and body.

## **1.3. VISION**

National Sports University aims to become the pioneering university in country to prepare world-class athletes, sports scientists, sports managers, sports architects, sports journalists, and physical educationists with the help of path-breaking research and diverse programs that inspire leadership, teamwork, and resilience among its students, thereby profoundly impacting our society in meaningful ways.

## **1.4. KEY FUNCTIONS**

The National Sports University has distinctive approaches to academics, research, athletic performance, and extension services, which sets it apart from the other universities or institutions of higher education.

1.4.1. Academics: The University shall impart undergraduate, postgraduate, and doctoral programmes in Sports Coaching, Sports Sciences, and Physical Education in various disciplines.

Specialised degree programmes in various disciplines of Sports Education and Coaching are also envisaged for the future.

1.4.2. Research: NSU shall focus on collaborating with leading researchers within and outside the country to undertake pioneering research programmes and exchange information in various research areas, particularly in the field of sports coaching and performance enhancement of athletes.

1.4.3. Performance: One of the significant functions of the University shall be to conduct sports training programmes to enable athletes to enhance their performance and attain excellence in sports.

1.4.4. Serving the Community: Providing extension services to the local community with the objectives



of improving their health and lifestyle as well as giving impetus to sports of local origin like Sagol Kangjei (polo), Thang Ta (Manipuri martial art), Yubi Lakpi (rugby), Mukna, Kang, etc. shall also be one of the key functions of NSU.

## 1.5. PARTNERS

NSU, Manipur shall create partnerships with national and international institutions/ universities to synergize its efforts and establish new benchmarks for quality. These partnerships shall secure inputs from larger pools of expertise and provide better access to other resources which, in turn, may benefit NSU in the conduct of advanced research, imparting innovative education, and introducing the latest training techniques in the field of sports coaching.



**1.5.1. National Partners:** The national partners of NSU like the Sports Authority of India, Lakshmibai National Institute of Physical Education, Gwalior, etc. shall work closely to provide NSU robust inputs on various aspects of sports education and coaching and help develop the University into a national Centre of Excellence for sports technology. This, in turn, is expected to help achieve excellence in sports performance.

**1.5.2. International Partners:** In addition to forging partnerships with national institutions within the national sporting system, external partnerships shall be sought to bring in specific expertise and to ensure achievement of high performance in sports. International collaborations in the form of Memoranda of Understanding and bilateral cooperation agreements are essential as they would enable NSU, Manipur to expand beyond the geographical boundaries of India and have an impact abroad.

NSU, will also collaborate with the universities known for their excellence in sports with the help of modern sports facilities that are available with universities such as the Victoria and Canberra Universities of Australia, Nippon and Tsukuba Universities in Japan, University of Cologne in Germany.

A well-planned road map and the modalities of linking NSU with various other institutes / universities will be chalked out in due course of time.

## 2. CAMPUS

*"When educating the minds of our youth, we must not forget to educate their hearts."*

**T**he National Sports University has its temporary campus located in Khuman Lampak, Imphal at about 10 kilometers from the Imphal airport, in the state of Manipur.

The permanent Campus is under construction in Imphal West District in an area of 325 acres of land.

### 2.1. Co-curricular & Extra-curricular Activities

NSU promotes co-curricular and extra-curricular activities as they play a significant role in developing a student's holistic personality. With a little something for everyone, you're sure to find something you'll enjoy!

Co-curricular activities like the NCC, educational tours, Leadership Training Camps, Outreach Activities, Adventure Camps, etc. undertaken by NSU along with curricular activities, supplement the latter and teach students the art of living and working together.

Extra-curricular activities help develop the intellectual, emotional, and moral facets of students. The University provides extra-curricular activities through its Cultural Club and Literary Society. Such activities provide students an opportunity to participate in dramatics, music, debates, symposia, quiz competitions, youth festivals, etc.

### 2.2. Sports Participation

Competitive sports are an integral part of the academic programme of the University. The students may directly participate in the Inter University Tournaments in various games and sports as also at different levels as per the University policy.

### 2.3. Programmes Overview

The University offers the following programmes at the undergraduate and postgraduate level for the academic year 2018-'19 to cater to the growing demand of Coaches, Physical Education teachers and Sport Scientist, in schools and other institutions.

Quick facts on the undergraduate and postgraduate programmes on offer for the academic year 2018-'19 are given below:

LEVEL	NAME OF PROGRAMME	DEGREE	DURATION		NO. OF SEATS
			Years	Sem	
UNDERGRADUATE	Bachelor of Science in Sports Coaching	B.Sc. (Sports Coaching)	4	8	50
	Bachelor of Physical Education & Sports	BPES	3	6	50
POSTGRADUATE	Master of Science in Sports Coaching	M.Sc. (Sports Coaching)	2	4	30
	Master of Arts in Sports Psychology	M.A. (Sports Psychology)	2	4	20





## 2.4. Undergraduate Programmes

### 2.4.1. Bachelor of Science in Sports Coaching [B.Sc. (Sports Coaching)]

B.Sc. in Sports Coaching is of the duration of 4 years, and a candidate is required to complete the Course and pass the final examination within eight academic years from his/her first admission to B.Sc. (Sports Coaching) programme.

- (a) Overview: The four-year programme in Sports Coaching focuses on coaching methods and theories among other aspects like sports techniques, exercise physiology, teaching methods, etc. The programme will help students develop a unique combination of skills, knowledge, and expertise in Sports Coaching.

(b) Sports Discipline: Archery, Athletic, Badminton, Boxing, Football, Shooting and Weightlifting.

(c) Career Outcome: Career opportunities to the graduates of this programme include options to work as a sport coach with state and national organisations or private clubs, private sport coaching consultant, specialist sport coaches in private schools, personal trainer, etc.



### 2.4.2. Bachelor of Physical Education & Sports (BPES)

Bachelor of Physical Education and Sports is of the duration of 3 years, and a candidate is required to complete the Course and pass the final examination within six academic years from his/her first admission to the BPES programme.

(a) Programme Overview: This three-year programme is designed for students to gain specialized knowledge in the areas of physical education and sports. The programme helps you chalk out your pathway to becoming an innovator in the exciting world of physical education and sports.

(b) Career Outcome: This undergrad programme in Physical Education and Sports prepared you for a career in sports and fitness-related professions as well as in the field of education. This degree will help you teach valuable skills people need to get and stay physically fit. Graduates in these disciplines can aspire to work in sports administration, fitness health clubs, law enforcement, hospitality industry, educational institutions, etc.

## 2.5. Postgraduate Programmes

Both the postgraduate programmes being offered by NSU for the academic year 2018-'19 are of the duration of 2 years, and a candidate is required to complete the Course and pass the final examination within four academic years from his/her first admission to either programme.



### 2.5.1. Master of Science in Sports Coaching [M.Sc. (Sports Coaching)]

(a) Overview: The postgraduate programme in Sports Coaching provides training in coaching theory, methods, and ethics through both course work and independent research. It aims to provide students with the opportunity to learn and develop their coaching skills and prepare them for the world of professional coaching,

(b) Sports Discipline: Athletics, Badminton, Boxing, Football, and Weightlifting

(c) Career Outcome: There is high demand for innovative, qualified, and well-informed sports coaches, in all sectors of domestic and international sports.



### 2.5.2. Master of Arts in Sports Psychology [M.A. (Sports Psychology)]

(a) Overview: This two-year postgraduate programme trains students to understand how the mind can impact human behavior and competitive sport performances. It is designed to equip students with the skills to measure psychological performance in a variety of sporting contexts, and the techniques essential for improving relevant psychological factors.

(b) Career Outcome: Graduates of this programme can look forward to teaching, or a career as a researcher or a counsellor or a therapist.



## 3. Admission to National Sports University

*Education is the most powerful weapon which you can use to change the world.*



**T**he Admission Rules as framed by the University from time to time, shall be applicable for all admissions. All decisions taken by the University in this regard shall be final.

The candidates are advised to go through the instructions given in the Admission Application Form as well as in the Prospectus before submission of application.

For the commencement of any programme - UG or PG - a minimum of 5 students is mandatory. In the absence of 5 students, the fee will be re-funded to the student and the programme will not be launched.

### A. Application for Admission

#### 3.1. How to Apply for Admission

**3.1.1. Availability of Admission Application Form:** The Admission Application Form and Prospectus may be downloaded online from the website of [www.yas.nic.in](http://www.yas.nic.in) or can be purchased from the **NSU Office** located at **Manipur Olympic House, Khuman Lampak, Imphal** during working days (**Monday to Friday**) from **11 a.m. to 4 p.m.**

**3.1.2. Eligibility to Apply:** A candidate who wishes to apply for any of the programmes offered by NSU, Manipur may read the eligibility criteria and general conditions for admission and satisfy him/herself about his/her eligibility to apply before purchasing Admission Application Form.

**Note:** The cost of Admission Application Form shall not be reimbursed under any circumstances.

**3.1.3. Apply Provisionally:** If you have appeared in a qualifying examination and the result thereof is awaited, you can apply provisionally to go through the admission process, but at your own risk.

**3.1.4. Purchase of Application Form:** The cost of the Admission Application Form is Rs. 300/-. The amount may be paid in the following ways:

(i) **Downloading Application Form from the Website:** The Application Form may be downloaded free from the website [www.yas.nic.in](http://www.yas.nic.in) and submitted along with a **Demand Draft\* for Rs. 300/-** drawn in favour of **The Registrar, National Sports University, Imphal** OR after transferring the amount to the bank account of NSU by RTGS in the name of **National Sports University, Account No. 073201000032372, IFSC Code : IOBA0000732.**

(ii) **Purchase Hardcopy:** Admission Application Form along with the Prospectus may also be purchased from the **Khuman Lampak Campus of NSU, Imphal, Manipur** by paying cash or submitting a **Demand Draft\* for Rs. 300/-** drawn in favour of **The Registrar, National Sports University, Imphal.**

*\*Do not forget to mention your full Name and Admission Application Form Number at the back of the Demand Draft.*

**3.1.5. Filling in the Application Form:** Candidates shall fill in the Application Form - Downloaded or Purchased – in their own handwriting in black ink, using **BLOCK LETTERS ONLY**. Candidates shall fill in the details of their reservation categories carefully, and shall ensure that their claims are supported by relevant documents enumerated in the list of mandatory documents to be submitted at the time of admission is given in the section **Admission Process**.

**3.1.6. Incomplete Application Forms:** Please ensure that the Application Form is filled in appropriately and that no detail, including the candidate's email address and mobile number are left out. **Incomplete applications shall be summarily rejected, without any intimation. Such candidates will not be sent admit card for admission test.**

**3.1.7. Submission of Application Form:** Duly filled-in Admission Application Form along with a copy of fee receipt shall be sent to **The Registrar, NSU, Khuman Lampak, Imphal**. The completed application forms should reach on or before **4:00 p.m. on 15<sup>th</sup> July, 2018**. Application forms may either be submitted in person at NSU on by speed post.

**3.1.8. Clarifications:** For clarifications if any, regarding admission form, please email to **regnsu2018@gmail.com** or contact **0385-2421004**.

## 3.2. Admission and Reservations

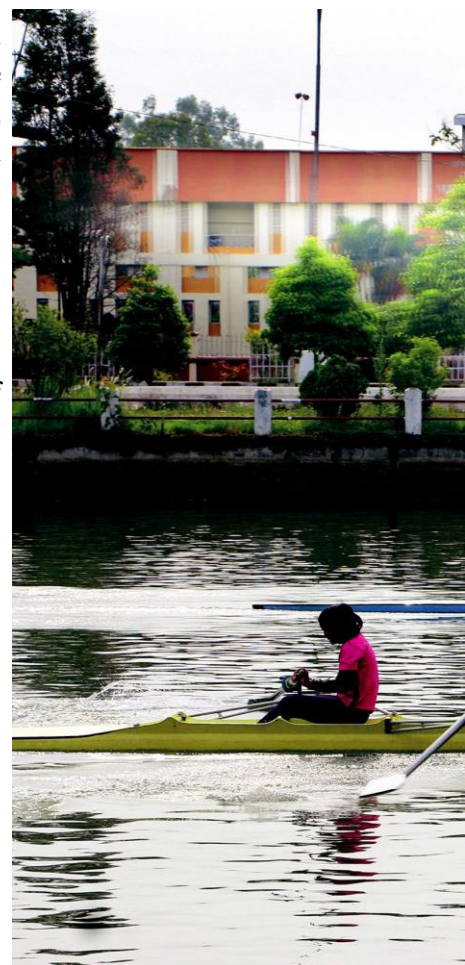
The University is co-educational and admits candidates who are citizens of India. For admission to any programme offered by NSU, the reservation policy of the Government of India, as given below, shall be applicable.

Reservation of Seats	
Category	Percentage of Reservation
Scheduled Caste	15
Scheduled Tribe	7.5
Other Backward Classes	27
General	50.5
<b>TOTAL</b>	<b>100</b>

## 3.3. International Athletes & Achievers

International athletes are eligible for Direct Admission to all the undergraduate and postgraduate programmes offered by NSU provided that they have participated in Olympic Games, Asian Games, Commonwealth Games, South Asian Games, Youth Olympics, Commonwealth Youth Games, Asian Youth Games, world championships, Asian championships, and Commonwealth championships in the disciplines included in Olympic Games, Asian Games, and Commonwealth Games, provided they fulfill the minimum educational eligibility criteria. Tuition fee waiver for athletes who have participated in international competitions may be considered for admission based on their participation / achievement in such events during the last three years.

Candidates having achievements in sports at the National Level will have an additional advantage in securing admission.



### 3.4. Weightage for Sports Participation

The criteria for awarding weightage for sports participation, the weightage thereof, and other relevant details are provided in Annexure-I.

### 3.5. Women Candidates

- (a) Married girl is eligible for admission.
- (b) In the event of a married student conceiving during the course, she shall discontinue her studies for at least one academic year.



*“An educational institution isn't worth a great deal if it teaches young people how to make a living but doesn't teach them how to make a life.”*

- (c) She may re-join the same course afresh from the beginning of the semester she had discontinued her studies, provided the University guidelines pertaining to the maximum duration of the course is adhered to.
- (d) Under no circumstances will she be permitted to keep the infant along with her in the Hostel.

### 3.6. Foreign Candidates

(a) Foreign candidates who wish to secure admission in any programme offered by NSU, Manipur shall apply through the Embassy of their country / Diplomatic Channels or through Indian Council for Cultural Relations.

(b) Such candidates shall only be admitted based on their credentials. He/She shall have scored the minimum qualifying marks in Admission Test and shall meet acceptable standards in medical examination.

Please refer to GUIDELINES FOR ADMISSION OF FOREIGN STUDENTS at [www.yas.nic.in](http://www.yas.nic.in)





# Dream.

Without limits. For dreams fuel your success.

Identify your passions. Pursue them.

Tirelessly.

Imagine the possibilities. Nail down your goals.

Focus. Toil away.

Slog it out. But realise them.

We encourage you to dream.

We know unless you dream your dreams can't come true.

So, dream on!

## B. Admission Test

### 3.7. General Instructions

The candidates appearing for Admission Tests to undergraduate and postgraduate programmes shall keep the following points in mind:

**3.7.1. Call Letter & Admit Card:** Candidates will NOT be sent a Call Letter for the Admission Test by post. Call Letters shall be mailed to the email address provided by the candidate in the Admission Application Form. Candidates are advised to check their email regularly.

**3.7.2. Injury or Physical Strain during Admission Test:** NSU does not take any responsibility for any injury or physical strain that may occur while performing physical performance tests during the admission process.

**3.7.3. Dress Code for Admission Test:** Candidates should be appropriately dressed to undergo the Physical Fitness and Sports Proficiency Test segments.

**3.7.4. Medical Fitness Test:** Once the results of the Admission Test is declared, the selected candidates shall undergo a detailed Medical Examination conducted by a board of medical doctors constituted by NSU.

**3.7.5. Payment of Fees:** Please note that the candidate shall remit tuition and hostel fee only after the candidate has been issued a 'Medically Fit' slip. The candidate shall present the slip at the time of payment of fee.

**3.7.6. Reporting Centres for Admission Test:** The test Centres for the following sport/game is mentioned below (B.Sc –Sport Coaching). Hence the applicant should report only at Admission Test Centres the list of which is given below. For all other sport they can give at any centre of their choice.

SPORT/GAME OPTED FOR	ADMISSION TEST CENTRE
Archery	Imphal, Patiala
Boxing	Imphal, Patiala
Shooting	Imphal, Gwalior

### 3.8. Eligibility Criteria: Undergraduate Programmes

The eligibility criteria that are common to the undergraduate programmes offered by NSU are enumerated below:

**3.8.1. Qualifying Examination:** In order to be eligible for admission to any of the undergraduate programmes of three years or four years duration, the candidate must have a pass in Higher Secondary (10 + 2 scheme of examination or any other equivalent examination recognised by the University).

**3.8.2. Age:** The age of the candidate shall be above 17 years. However, the Hon'ble Vice Chancellor may relax the minimum age criterion at his/her discretion.

**3.8.3. Calculation of Score:** Admission shall be offered based purely on merit, i.e., based on the marks obtained in the Admission Test (Written Test, Sports Proficiency Test, and Physical Fitness Test), the marks scored by the candidate in the Qualifying Examination, or any other process as per the policy of



the University, with due weightage for the Physical Fitness Test.

NOTE: Securing qualifying marks in the Physical Fitness Test is compulsory. Any candidate who fails in the Physical Fitness Test shall be rejected regardless of the marks scored in the other components of the Admission Test or Qualifying Examination.

Please refer Annexures II(A), II(B), II(C), and II(D) for relevant Performance Conversion Tables.

**3.8.4. Other Conditions:** The other conditions to be fulfilled by the candidate are as follows:

(a) *Representations:* He/she must have represented his/her School/District at the Inter-school /district Competition in any one of the Games / Sports.

(b) *Medical Fitness:* He/she must be medically fit and free from physical deformities and must be approved by any Government Medical Officer.

(c) *Admission Test Score:* He/she should have scored at least 45% marks in the Admission Tests conducted by the University, the particulars of which are provided under the section titled, Details of Admission Test, below.

(d) *National & International Achievers:* Bonus points will be awarded to those holding national positions. International athletes are eligible for Direct Admission to the programmes.

### 3.9. Details of Admission Tests: Undergraduate Programmes

The Admission Tests to the undergraduate programmes of the University consists of three segments, viz., Physical Fitness Test, Written Test, and Skill/Proficiency Test in Games & Sports.

The Admission timeline for the undergraduate programmes-B.Sc.(Sports Coaching)\* and BPES\*\* is given below:

Admission Timeline	Dates
Last Date for Receipt of Admission Application Form (Offline)	15 <sup>th</sup> July 2018
Dates of Admission Test	24 <sup>th</sup> -25 <sup>th</sup> July 2018
Reporting Time for Admission Test	9 a.m. on 24 <sup>th</sup> July 2018
Venue of Admission Test	Gandhinagar, Gwalior, Imphal, Kolkata, Patiala, & Trivandrum
Reporting for Test & Verification of Original Documents	24 <sup>th</sup> July 2018
Total Number of Seats	50 each for BPES and B.Sc. (Sport coaching)
Declaration of Results of Entrance Test	31 <sup>st</sup> July, 2018
Date of Medical Fitness Test & Counselling at NSU, Imphal	6 <sup>th</sup> - 7 <sup>th</sup> August, 2018
Last Date for Payment of Fees	9 <sup>th</sup> August, 2018
Commencement of Classes	10 <sup>th</sup> August 2018

\* **Sports:** Archery, Athletic, Badminton, Boxing, Football, Shooting, and Weightlifting.

\*\* **Preference will be given to sports achievement.**

**Note:** The candidates should report for Written Test as well as Proficiency Test in Games & Sports on the scheduled date at 9 a.m. at the respective testing centres.

**3.9.1. Frequency of Intake:** Admission to various programmes of NSU will be done only once in an Academic Year, through its own admission test, National Sports University Common Admission Test or

NSU-CAT.

**3.9.2. Ineligible Candidates:** Candidates not meeting the stipulated guidelines elucidated in the Eligibility Criteria for specific programmes as well as the details provided under General Conditions, shall not be eligible to appear in the Admission Test.

**3.9.3. Segments of Admission Test:** The various segments of the Admission Test and the maximum marks of each segment are given below:

Sl.No.	Components of Admission Test	Marks
(a)	Physical Fitness	20
(b)	Written Test	40
(c)	Games / Sports Skill / Ability	40
	<b>TOTAL</b>	<b>100</b>

(a) *Physical Fitness Test:* The maximum marks for the Physical Fitness Test shall be 20, and marks shall be awarded based on the performance in all its components Prescribed norms shall be followed in converting performance of the candidate into points (Annexures II (A), (B), (C), (D) & (E).

<b>PHYSICAL FITNESS TEST</b>	
COMPONENTS OF PHYSICAL FITNESS	
TEST SL.NO.	MEN & WOMEN
1	50 metre Sprint
2	Standing Broad Jump
3	Overhead Back Throw
4	1000 metre Run/Walk
5	Sports Proficiency Test

(b) *Written Test:* The duration of Written Test shall be 60 minutes, with a maximum mark of 40. The Test shall have Multiple Choice Questions (MCQs) or Objective Type Questions from General Awareness, Sports Awareness, Sports General Knowledge, Reasoning, and Comprehension Skills.

(c) *Proficiency in Sports & Games:* The candidates applying for B.Sc. (Sports Coaching) and BPES programmes shall have separate Games and Sports Proficiency Test at the time of admission test.

**3.9.5. B.Sc. (Sports Coaching):** Candidates who have applied for this four year programme shall choose any one game/sport from those given herein, as opted by the candidate, to prove their proficiency and for evaluation. The games/sports on offer are **Archery, Athletic, Badminton, Boxing, Football, Shooting, and Weightlifting.**

**NOTE:** The candidate shall choose the game/sport he/she intends to specialize in, for the Proficiency Test at the time of admission. Please note that the candidate shall not be permitted to change the game/sport once he/she is admitted to B.Sc. (Sports Coaching) programme. A maximum of 10 students only will be admitted per sport/game.

**3.9.6. BPES:** Candidates who have applied for this three-year programme shall choose any one game/sport from those given herein, as opted by the candidate, to prove their proficiency and for evaluation.

Archery, Athletic, Artistic Gymnastics, Badminton, Basketball, Canoeing, Cricket, Cycling, Diving, Football, Handball, Hockey, Judo, Kabaddi, Kayaking, Kho-Kho, Lawn Tennis, Powerlifting and Best Physique, Softball, Swimming, Table Tennis, Volleyball, Water Polo, Weightlifting, Wrestling, and Yoga.

**NOTE:** Though the candidate applying for BPES may choose any game/sport given above for the Proficiency Test at the time of admission, he/she shall only choose a game/sport that is being offered by the University, once she/he is admitted to the programme.

### 3.10. Eligibility Criteria: Postgraduate Programmes

The common admission details regarding postgraduate programmes offered by NSU are enumerated below:

3.10.1. Qualifying Examination: The qualifying examination for each of the postgraduate programmes offered are provided below, under the respective programmes.

3.10.2. Supplementary / Compartment Candidates: Candidates who have Supplementary exams/ Compartments outstanding for the academic session 2017-'18, are eligible to appear in the Admission Test provided their Final Results are declared by 31<sup>st</sup> July, 2018. If the candidate does not submit relevant documents to prove that he/she has cleared his/her backlog, he/she shall not be permitted to register for the programme.

3.10.3. Other Conditions:

(a) A candidate is required to complete the Course and pass the final examination within four academic years from his/her first admission to either programme.



(b) The minimum number of seats to commence a programme shall be Five (5). If the course is discontinued due to lack of the mandatory number of five students, fee shall be refunded to the provisionally selected candidates.

### 3.11. Details of Admission Tests: Postgraduate Programmes

The Admission Tests to the postgraduate programmes of the University consists of two segments, viz., Written Test and Skill/Proficiency Test in Games & Sports.

**Note:** The candidate should report for Written Test as well as Proficiency Test in Games & Sports on the scheduled date 9 a.m. at the respective testing centres.

3.11.1. Admission Test Centre: The Admission Test Centre for intake for the academic session 2018-'19 shall be Khuman Lampak Campus, Imphal, Manipur and Netaji Subhash National Institute of Sports, Patiala.



**3.11.2. Ineligible Candidates:** Candidates not meeting the stipulated guidelines elucidated in the Eligibility Criteria for specific programmes as well as the details provided under General Conditions, shall not be eligible to appear in the Admission Test.

### 3.11.3. Master of Science (Sports Coaching):

(a) *Essential Qualification:* Any individual who possesses Graduate with Diploma-holder in Sports Coaching/ B.P.Ed. of 4 years or 2 years duration, or any other equivalent qualification with 50% marks, shall be eligible to apply for this programme.

(b) *Desirable Qualification:* Participation in Sports at State/District/College-level.

(c) *Offered Disciplines:* The disciplines in which M.Sc. (Sports Coaching) programme is offered are Athletics, Badminton, Boxing, Football, and Weightlifting.

(d) *Admission Schedule:* The admission schedule to M.Sc. (Sports Coaching) shall be as follows:

Admission Timeline	Dates
Last Date for Receipt of Admission Application Form (Offline)	15 <sup>th</sup> July 2018
Dates of Admission Test	26 <sup>th</sup> -27 <sup>th</sup> July 2018
Reporting Time for Admission Test	9 a.m. on 26 <sup>th</sup> July 2018
Venue of Admission Test	Imphal & Patiala
Reporting for Test & Verification of Original Documents	9 a.m. on 26 <sup>th</sup> July 2018
Total Number of Seats	30
Declaration of Results of Entrance Test	1 <sup>st</sup> August, 2018
Date of Medical Fitness Test & Counselling at NSU, Imphal	6 <sup>th</sup> - 7 <sup>th</sup> August, 2018
Last Date for Payment of Fees	9 <sup>th</sup> August, 2018
Commencement of Classes	10 <sup>th</sup> August, 2018

### ADMISSION PROCEDURE (M.Sc [Sport Coaching] )

Admission shall be made on merit, on the basis of Marks (Merit) obtained in the Entrance Test as per the policy of the University.

#### TESTING AREAS:

At the stage of admission procedure, the following test will be conducted.

Sl.No.	Component of the admission Test	Marks
1	Written test: Based upon courses of Graduation with Diploma in Sport / B.P.Ed. Programme / or Integrated 4 years programme after 10+ 2). The written test shall comprise of General Awareness, Sport Science and Specialized Sport Knowledge that is being opted by the candidate. It will be of objective in nature. Written test will be conducted on 26 <sup>th</sup> July, 2018 from 11am to 12.30pm)	50
2	Skill & Performance Test : Proficiency in Games & Sports-20 Marks, Sport Achievement-20 Marks	40
3	Interview	10

NOTE: -

1. The marks obtained by the candidate in admission test will be considered for preparation of merit list.
2. Appearance in written test, skill & performance test is mandatory in order to be eligible for consideration for admission.
3. Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform sports and other physical activities.

## DETAIL OF TESTS

Proficiency in Games & Sports:

Marks will be awarded by a committee on the basis of technique, execution and/ or overall playing ability performed in one game/sport, as opted by the candidate. Testing shall be done in the sport of Athletics, Badminton, Boxing, Football, & Weight Lifting.

## DIRECT ADMISSION

All the candidates who wish to be considered for direct admission shall mandatorily apply and report on 26th and 27th July, 2018 at Khuman Lampak, Imphal or NSNIS, Patiala alongwith all original documents including sports achievements before the evaluation committee. The candidates who will not be able to report on said dates i.e. 26th and 27th July, 2018 will not be considered for Direct Admission.

### 3.11.4. Master of Arts (Sports Psychology):

(a) *Essential Qualification:* Any individual who possesses a Bachelor's Degree in B.P.Ed./B.A. (Hons) in Psychology or any Bachelor's Degree with Psychology/ Sports Psychology as one of the subjects, with minimum 50% marks, shall be eligible to apply for this programme.

(b) *Desirable Qualification:* Participation in Sports at State/District/College-level.

(c) *Admission Schedule:* The admission schedule to Master of Arts (Sports Psychology) shall be as follows:

Admission Timeline	Dates
Last Date for Receipt of Admission Application Form (Offline)	15 <sup>th</sup> July 2018
Date of Admission Test	27 <sup>th</sup> July 2018
Reporting Time for Admission Test	9 a.m. on 27 <sup>th</sup> July 2018
Venue of Admission Test	Imphal & Patiala
Reporting for Test & Verification of Original Documents	9 a.m. on 27 <sup>th</sup> July 2018
Total Number of Seats	20
Declaration of Results of Entrance Test	1 <sup>st</sup> August, 2018
Date of Medical Fitness Test & Counselling at NSU, Imphal	6 <sup>th</sup> - 7 <sup>th</sup> August, 2018
Last Date for Payment of Fees	9 <sup>th</sup> August, 2018
Commencement of Classes	10 <sup>th</sup> August, 2018

## ADMISSION PROCEDURE (M.A [Sports Psychology] )

Admission shall be made on merit, on the basis of Marks (Merit) obtained in the Entrance Test as per the policy of the Institute.

**ADMISSION TEST:** (Written Test & Interview)

Sl.No.	Subject	Marks
1	General Area (Sports Awareness, Reasoning, Aptitude)	30 Marks
2	Introduction to Psychology *	50 Marks
3	Interview	20 Marks

The written test shall comprise of General Awareness, Sport Science and Specialized Sport Knowledge that is being opted by the candidate.

It will be of objective in nature. Written test will be conducted on 27th July, 2018 from 11am to 1.00pm) Minimum overall 50% marks required to qualify the test.

Syllabus For Entrance Examination For

### **M.A. in Sports Psychology**

1. Meaning, Definition, Importance and Scope of Educational Psychology
2. Meaning, Nature and Theories of Learning and their implication in teaching Learning Process
3. Meaning, Types and Theories of Motivation, Emotion
4. Meaning, Definition, Role and Theories of Personality. Group Dynamic, Team Cohesion and Leadership
5. Psychological consideration and Sports Performances (Stress, Anxiety, Aggression), Stress and it's coping mechanism
6. Psychology/Sport Psychology/Educational Psychology – Meaning & Definition
7. Cognitive processes, Intelligence
8. Group dynamics
9. Mood Disorders - Unipolar Disorder, Bipolar Disorder, Depression: Dysthymic Disorder and Major Depression
10. Growth and Development at different stages of life.



**Learn.**

**How to think.** *Inside the box.* *Outside the box.*

*Improvise where there is none.*

**Explore the horizons.** *And beyond them.*

**Discover your latent potential.**

**Push your limits.**

*Beyond the conceivable.*

**Nurturing, Mentoring, and Professionalism come naturally to us.**

## C. Counselling

### 3.12. Provisional Admission through Counselling

A candidate does not become eligible for admission solely based on his/her marks in the Qualifying Examination and/ having scored the minimum percentage in the various segments of Admission Test.

The provisional list of selected candidates for admission to the various programmes offered by the University, from among those who have been successful in the Admission Test, shall be compiled through the process of counselling.



#### 3.12.1. Eligibility to Appear for Counselling:

- (a) The eligibility of candidates to appear in for Counselling shall be declared in their respective categories, based on the declarations made by the candidates in their application forms, which shall be purely provisional in nature. Therefore, the candidates are advised to fill-in the Admission Application Form with care.
- (b) If a candidate claims that he/she belongs to a reserved category in the Admission Application Form but fails to submit documents supporting the claim to the satisfaction of the University at the time of admission, then his/her Provisional Selection to that category shall stand cancelled automatically.
- (c) The provisionally selected candidates shall be required to undergo a Medical Test to be conducted by the University. The final list of selected candidates shall be made based on the basis of the list of medically fit students submitted by a panel of doctors constituted by the University for the purpose.

## D. Admission Process

### 3.13. General Conditions for Admission

Any candidate wishing to apply for admission to any of the programmes offered by the University shall familiarise himself/herself with the general conditions enumerated herein.

3.13.1 Medium of Examination: The medium of examination shall be either Hindi or English for all the courses.

3.13.2. Character of the Candidate: Candidates expelled from any other Board/ Institute/University or dismissed from Government service on disciplinary grounds and those who are known to have been involved in acts of crime and gross indiscipline or misconduct will not be eligible for admission. The University may approach the police for verification in this regard. After admission, at any time of the on-going programme, if a student is found guilty in this regard, his/her admission will be canceled without any notice.

3.13.3. Furnishing False Information: Admission will be granted to the candidates at their own risk and responsibility as per details furnished by them. If, at any time, it is noticed that the admission has been obtained by giving incorrect or false information or concealing information or oversight, the admission granted will be cancelled and the candidate shall be asked to leave the University.

3.13.4. Submission of Mandatory Documents: Once the counselling is over and the candidate is selected for a programme, he/she shall, at the time of securing admission, within the time stipulated for the purpose, submit attested copies of the following mandatory documents along with the original documents (for verification):

- (i) Marksheet of the qualifying examination.
- (ii) Proof of date of birth (Marksheet of Secondary / Senior Secondary Examination).
- (iii) Character/Conduct Certificate from the Institute/College/ University last attended.
- (iv) Anti-Ragging Affidavits by the candidate and his/her parents, notarized by the Notary Public, in the prescribed format, provided in Annexures III(A) & III(B).
- (v) Bona fide Certificate testifying the candidate's SC/ST/OBC status, if applicable, in the prescribed format as given in Annexures IV & V (A).
- (vi) Candidates claiming reservation in the OBC Category are to submit a Declaration regarding Non-creamy Layer in the prescribed format specified in Annexure V (B).
- (vii) Transfer Certificate & Migration Certificate from the Board/Institute/College/University last attended. Format is provided in Annexure VI.
- (viii) Declaration in the prescribed format given in Annexure VII about the Medical Fitness of the Candidate by Self and Parents, at the time of admission.





**3.13.5. Failure to Submit Mandatory Documents:** Candidates who fail to submit the mandatory documents by the stipulated date, even after securing a position in the merit list among the provisionally selected candidates, shall not be eligible for admission.

**3.13.6. Payment of Tuition, Uniform & Hostel Fees:** The finally selected candidates shall be required to pay the fee as mentioned in the fee structure for UG and PG students under Annexures-VIII (A), (B) & (C) respectively. In case any selected candidate fails to deposit the fee within the stipulated period, his/her admission shall stand cancelled and other candidates from the Waiting List shall be admitted through counselling.



### **3.14. Sexual Harassment**

Section 3(1) of the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013.

#### **3.14.1. The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013:**

The Act recognises the right of every woman to a safe and secure workplace environment irrespective of her age or employment/status.

#### **3.14.2. Who all are protected:**

The right of all students and women working or visiting any workplace in the capacity of regular, temporary, ad hoc, or daily - wages basis is protected under this Act.

#### **3.14.3. What is a Workplace?**

A workplace under this Act includes among other places of work including any sports institute, stadium, sports complex, or competition or games venue, whether residential or not used for training, sports, or other activities relating thereto.

#### **3.14.4. What constitutes Sexual Harassment?**

“Sexual Harassment” includes anyone or more of the following unwelcome acts or behaviour (whether directly or by implication), namely:

- (a) Physical contact or advances;
- (b) A demand or request for sexual favours;
- (c) Showing pornography;
- (d) Any other unwelcome physical, verbal, or non-verbal conduct of a sexual nature.

### **Some examples of behaviour that constitutes sexual harassment are given below:**

- (a) Making sexually suggestive remarks or innuendos;
- (b) Serious or repeated offensive remarks, such as teasing related to a person's body or appearance;
- (c) Offensive comments or jokes;
- (d) Inappropriate questions, suggestions, or remarks about a person's sex life;
- (e) Displaying sexist or other offensive pictures, posters, mms, sms, WhatsApp, or e-mails;
- (f) Intimidation, threats, blackmail around sexual favours;
- (g) Threats, intimidation, or retaliation against an employee who speaks up about unwelcome behaviour with sexual overtones;
- (h) Unwelcome social invitations, with sexual overtones commonly understood as flirting;
- (i) Unwelcome sexual advances which may or may not be accompanied by promises or threats, explicit or implicit;
- (j) Physical contact such as touching or pinching;
- (k) Caressing, kissing, or fondling someone against her will that could be considered assault;
- (l) Invasion of personal space like getting too close for no reason, brushing against or cornering someone;
- (m) Persistently asking someone out, despite being turned down;
- (n) Stalking an individual;
- (o) Abuse of authority or power to threaten a person's job or undermine her performance against sexual favours;
- (p) Falsely accusing and undermining a person behind closed doors for sexual favours;
- (q) Controlling a person's reputation by rumour-mongering about her private life.

### **3.14.5. How to Recognise Sexual Harassment?**

It is important to remember that sexual harassment is sexual, unwelcome, and the experience is subjective. It is the impact and not the intent that matters. A sexual harassment experience may be a single instance or a series of incidents over a period of time.

Listed below are some examples of how "unwelcome" and "welcome" behaviour is experienced:

UNWELCOME	WELCOME
Feels bad	Feels good
One-sided	Reciprocal
Feels powerless	In control
Power-based	Equality
Unwanted	Wanted
Illegal	Legal
Invading	Open
Demeaning	Appreciative
Causes anger/sadness	Happy
Causes negative self-esteem	Positive self-esteem

### 3.14.6. Constitution of Internal Complaints Committee

- (a) The Registrar shall, by an order in writing, constitute an “Internal Complaints Committee,” consisting of the following members:
  - (i) a Presiding Officer, who shall be of the rank of a professor or associate professor;
  - (ii) not less than two members from amongst the faculty members preferably committed to the cause of women or who have had experience in social work or have legal knowledge;
  - (iii) one member from amongst non-governmental organisations or associations committed to the cause of women or a person familiar with the issues relating to sexual harassment;
  - (iv) at least one-half of the total members so nominated shall be women.
- (b) The Presiding Officer and every Member of the Internal Committee shall hold office for a period not exceeding three years, from the date of their nomination.
- (c) Where the Presiding Officer or any member of the Internal Committee,
  - (i) contravenes the provisions of Section 16 of the Act; or
  - (ii) has been convicted for an offence or an inquiry into an offence under any law for the time being in force is pending against her/him; or
  - (iii) she/he has been found guilty in any disciplinary proceedings or a disciplinary proceeding is pending against her/him; or
  - (iv) has so abused her/his position as to render her/his continuance in office prejudicial to the interest of the University community, such Presiding Officer or Member, as the case may be, shall be removed from the Committee and the vacancy so created or any casual vacancy shall be filled by fresh nomination.

### 3.14.7. Complaint of Sexual Harassment

The procedure for making complaints against sexual harassment shall be as follows:

- (a) Any aggrieved woman may make, in writing, a complaint of sexual harassment at workplace to the Internal Committee within a period of three months from the date of incident and in case of a series of incidents, within a period of three months from the date of last incident.
- (b) In cases where such complaint cannot be made in writing, the Presiding Officer or any Member of the Internal Committee, as the case may be, shall render all reasonable assistance to the woman for making the complaint in writing.
- (c) The Internal Committee may, for the reasons to be recorded in writing, may extend the time limit not exceeding three months, if it is satisfied that the circumstances were such which prevented the woman from filing a complaint within the said period.
- (d) Oral Complaints are to be lodged in person or by a person accompanying the victim before the Chairperson or to any member of the Committee.
- (e) All oral complaints when made, shall be reduced in writing by the Presiding Officer or a person designated and signed by the victim and person accompanying the victim.
- (f) In exceptional cases, third party complaint may be entertained subject to confirmation by the victim on call.
- (g) Anonymous complaints, would, in general, not be taken up by the Committee for action. However, the content of such complaints may be used for sensitization purposes, if deemed relevant.



- (h) If the aggrieved woman is unable to make a complaint on account of her physical or mental incapacity or death or otherwise, her legal heir or such other person as may be prescribed may make a complaint.
- (i) The mechanism for registering complaints should be safe and sensitive.
- (j) The Committee shall maintain complete confidentiality of the entire proceedings. Only such a Committee will provide the needed courage, comfort and trust for someone to make a complaint.
- (k) Any faculty, staff, or student who comes to know about an incident of harassment shall advise the affected person to approach a member of the Committee or report to a member themselves.
- (l) The Internal Committee may, before initiating an inquiry, at the behest of the aggrieved woman, take steps to settle the matter between her and the respondent through conciliation provided that no monetary settlement shall be made as a basis of conciliation.



- (m) The Internal Committee shall have the power to –
  - (i) summon and enforce the attendance of any person and examining him under oath;
  - (ii) require the discovery and production of documents; and
  - (iii) any other matter which may be deemed necessary.
- (n) The said inquiry shall be completed within a period of ninety days.
- (o) The Internal Committee shall provide copies of the settlement to the aggrieved woman and the respondent.

### 3.14.8. Inquiry Report

- (a) On the completion of an inquiry, the Internal Committee shall provide a report of its findings to the Registrar/Vice Chancellor, within a period of ten days from the date of completion of the inquiry and such report shall be made available to the concerned parties.
- (b) Where the Internal Committee arrives at the conclusion that the allegation against the respondent has not been proved, it shall recommend to the Registrar/Vice Chancellor that no action is required to be taken in the matter.
- (c) Where the Internal Committee arrives at the conclusion that the allegation against the respondent has been proved, it shall recommend –
  - (i) suitable action as per the provisions of the Sexual Harassment of Women at Workplace (Prevention, Prohibition, and Redressal) Act 2013.
  - (i) suitable action to be taken for sexual harassment as a misconduct in accordance with the provisions of the rules of the University;
  - (ii) suspension from the University or removal of the name of the respondent from the rolls of the University, depending on the gravity of the crime;
  - (iii) debarring the respondent from appearing in the examinations; or
  - (iv) any other punishment that shall be deemed suitable.

### Punishment for False Complaint and False Evidence

- (a) If, on conducting inquiry, the Internal Committee arrives at a conclusion that the allegation against the respondent is malicious or the aggrieved woman or any other person making the complaint has made the complaint knowing it to be false or the aggrieved woman or any other person making the complaint has produced any forged or misleading document, action may be taken against the woman or the person who has made the complaint.
- (b) Mere inability to substantiate a complaint or provide adequate proof thereof need not attract attention against the complainant.

### 3.15. Other Student Rules

#### 3.15.1. Refund of Fee & Caution Deposit:

- (a) Refund of fee to the students shall be regulated as per the UGC norms as revised from time to time.
- (b) Refund of Caution Deposit, if due, shall be made by the University only after the declaration of the final result of the Programme, on production of No Dues Certificate.

#### 3.15.2. Attendance Rules:

- (a) The University expects 100% attendance from the students in each subject/activity/area of the total curriculum.
- (b) If a student has to be absent from class by availing leave on grounds like medical, social engagements, personal, etc., a relaxation of 15% shall be given.
- (c) In exceptional and deserving cases, the competent authority may grant further relaxation not exceeding 10% in attendance.
- (d) The students shall ensure that he/she has at least 85% attendance, at least one month prior to the date of commencement of semester examinations.



### 3.14.3. Code of Conduct:

Students pursuing studies at the University are expected to be familiar with the Rules and Regulations provided in the Admission Prospectus as well as those in the Student Handbook.

- (a) Students shall conduct themselves in an exemplary manner so as to be a model for other students.
- (b) All students should strictly adhere to the Rules and Regulations of the University.
- (c) All students should be present for classes (activity & theory) on all working days and sincerely apply themselves to studies.
- (d) Students should attend classes regularly and punctually so as to fulfill the attendance requirement of 75% as prescribed by the University, to be eligible to appear for the University examinations.
- (e) The Campus is “Tobacco Free” and “Alcohol Free. Any violation of this will result in dismissal from the programme.
- (f) Use of mobile phones and other electronic gadgets are not permitted in classrooms, examination halls, faculty premises, and at the venue of programmes organised by the University.
- (g) Students are forbidden from using motorized vehicles, including powered two-wheelers, inside the Campus.
- (h) Students are advised to visit notice boards set up at different places in the Campus, regularly to know about matters pertaining to academics and other activities.





### 3.14.4. Dress Code:

The students shall adhere to the prescribed dress code of the University.

### 3.14.5. RAGGING:

- (a) Ragging is strictly prohibited within and outside the University.
- (b) If any student is involved in ragging or any other anti-social activities, he/she shall be expelled and criminal proceedings may be initiated against him/her.
- (c) For further details regarding the University Rule's and Regulations on ragging, please refer Student Handbook.

3.14.6. Sports Equipment: All students are required to procure personal sport equipment as specified for various games/sports, on their own.

3.14.7. Clothing & Other Requirements: The summer temperature at Imphal, Manipur ranges from 32°C to 34°C, and from 1°C to 2°C in winter. The students are advised to bring appropriate bedding and clothing.

3.14.8. Award of Degree: On successful completion of the programme and examination as per the requirements prescribed under the Rules/Scheme of Examination of the University, a student shall be awarded degree.

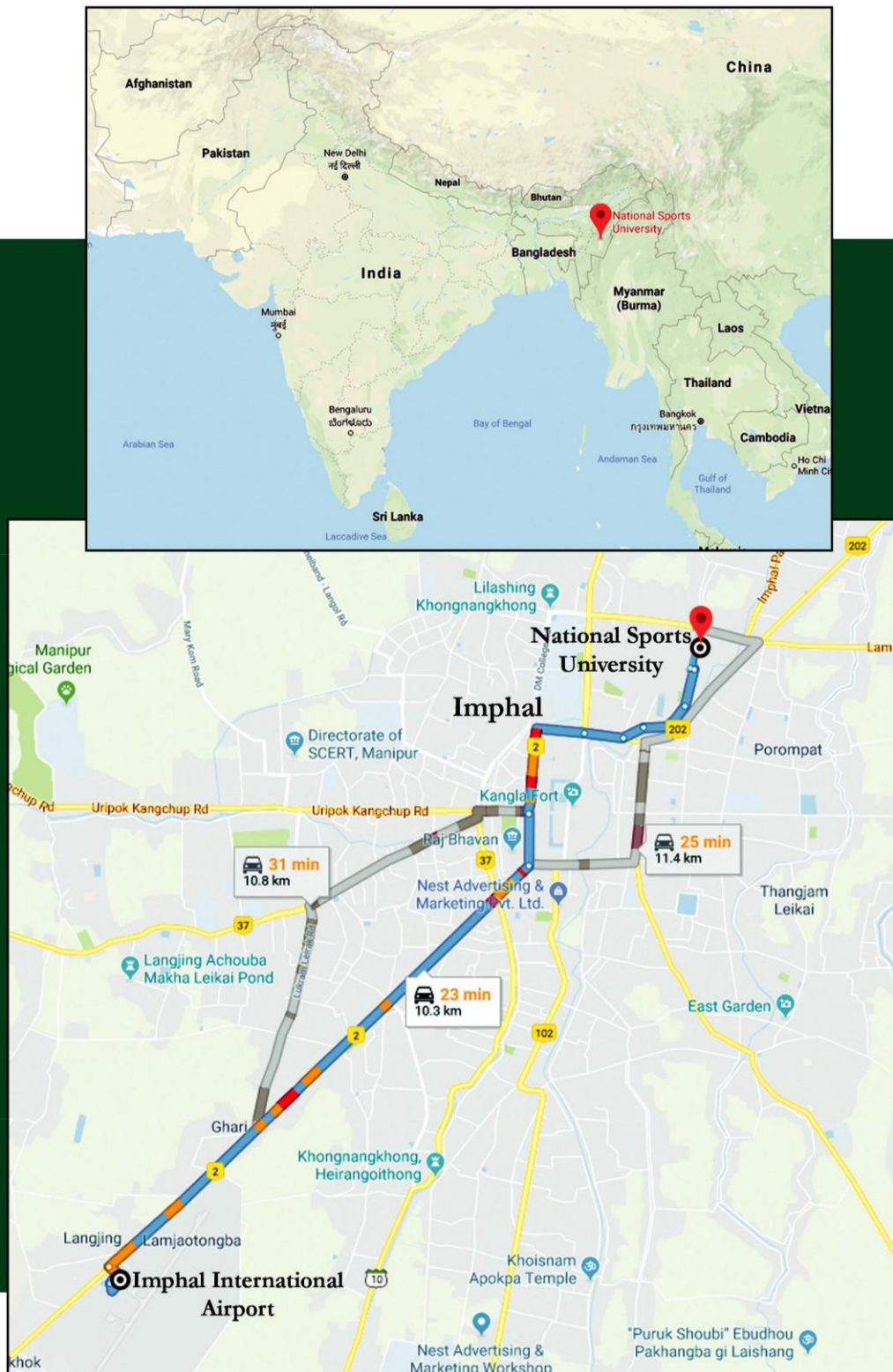


*If you follow the crowd, you will likely get no further than the crowd. You have two choices in life. You can dissolve into the main stream, or you can choose to become an achiever and be distinct. To be distinct, you must be different. To be different, you must strive to be what no one else but you can be.*



# REACHING US

## Your Education Destination





# NATIONAL SPORTS UNIVERSITY IMPHAL, MANIPUR

## CRITERIA FOR AWARDING WEIGHTAGE ON THE BASIS OF SPORTS PARTICIPATION: 2018-'19

The criteria for awarding weightage based on **Sports Participation** for granting admission to **Undergraduate and Postgraduate Programmes** for the academic session **2018-'19** are given below:

SL.NO.	LEVEL OF COMPETITION	CERTIFICATE ISSUING AUTHORITY	MAXIMUM MARKS OUT OF 20			
			FIRST POSITION	SECOND POSITION	THIRD POSITION	PARTICIPATION
1	Represented India in Olympic Games/World Championships/World Cups/Commonwealth Games/Asian Games/Asian Championships/South Asian Federation Games/Paralympic Games	IOC/ISFs/CGF/OCA/SASC/IPC/IOA/NSF recognised and/or funded by the Ministry of Youth Affairs & Sports (MYAS)	DIRECT ADMISSION			
2	Position and/or Participation in International Youth/Junior Competitions	International Sports Federation (ISF/NSF) recognised and/or funded by the Ministry of Youth Affairs & Sports (MYAS)	20	18	16	14
3	Position and/or Participation in National Games/ Federation Cup/ Senior National/ Inter-Zonal National/ National Competitions	IOA/NSF recognised and funded by the Ministry of Youth Affairs & Sports (MYAS)	17	15	14	13
4	Position and/or Participation in National School Games Under 19/17, Khelo India National School Games Under 17/Youth/Junior National/National Women Sports Competition/Sub-Junior/Cadet National Competition/Zonal National Competition	School Games Federation of India (SGFI)/NSF recognised and/or funded by Ministry of Youth Affairs & Sports (MYAS)	13	11	10	9
5	Position in State Competitions/ State Women Sports Competitions/Inter-Zonal/ Inter-District/CBSE National/ KVS National/IPSC National/ ICSE National/DAV National/NVS National/Vidya Bharti National Competitions	State Sports Association, State Directorate of Education/School Boards	8	7	6	4
6	Position in District/Zonal, CBSE-Cluster/Zonal, KVS/NVS – Regional, DAV/Vidya Bharti- Zonal, Subroto Cup, other School Board Competitions	District Sports Association, District/Zonal Regional Directorate of Education/School Boards	4	3	2	1

### NOTE:

1. Sports Certificate of Invitational/Memorial/Open/Prize Money League/Ranking Competitions will not be considered.
2. Merit/Participation Sports Certificate of preceding three years, i.e., from **1<sup>st</sup> May 2015 to 30<sup>th</sup> April 2018** will only be considered for the current academic session.
3. Applicants are required to upload **self-attested** copies of **three** Merit/Participation Sports Certificates.
4. Only the **highest** Merit/Participation Sports Certificate will be considered for granting weightage.

## PERFORMANCE CONVERSION TABLE 50 METERS SPRINT

Men				Women			
Timing (Seconds)	Points	Timing (Seconds)	Points	Timing (Seconds)	Points	Timing (Seconds)	Points
5.7 and Below	100	8.6	34	6.7 and Below	100	9.6	34
5.8	96	8.7	32	6.8	96	9.7	32
5.9	92	8.8	30	6.9	92	9.8	30
6.0	89	8.9	29	7.0	89	9.9	29
6.1	86	9.0	28	7.1	86	10.0	28
6.2	83	9.1	27	7.2	83	10.1	27
6.3	80	9.2	26	7.3	80	10.2	26
6.4	78	9.3	25	7.4	78	10.3	25
6.5	76	9.4	24	7.5	76	10.4	24
6.6	74	9.5	23	7.6	74	10.5	23
6.7	72	9.6	22	7.7	72	10.6	22
6.8	70	9.7	21	7.8	70	10.7	21
6.9	68	9.8	20	7.9	68	10.8	20
7.0	66	9.9	19	8.0	66	10.9	19
7.1	64	10.0	18	8.1	64	11.0	18
7.2	62	10.1	17	8.2	62	11.1	17
7.3	60	10.2	16	8.3	60	11.2	16
7.4	58	10.3	15	8.4	58	11.3	15
7.5	56	10.4	14	8.5	56	11.4	14
7.6	54	10.5	13	8.6	54	11.5	13
7.7	52	10.6	12	8.7	52	11.6	12
7.8	50	10.7	11	8.8	50	11.7	11
7.9	48	10.8	10	8.9	48	11.8	10
8.0	46	10.9	09	9.0	46	11.9	09
8.1	44	11.0	08	9.1	44	12.0	08
8.2	42	11.1	07	9.2	42	12.1	07
8.3	40	11.2	06	9.3	40	12.2	06
8.4	38	11.3 and Above	05	9.4	38	12.3 and Above	05
8.5	36	-	-	9.5	36	-	-

## ANNEXURE – II (B)

## PERFORMANCE CONVERSION TABLE

### STANDING BROAD JUMP

Men		Women	
Distance (Meters)	Points	Distance (Meters)	Points
2.85 and Above	100	2.35 and Above	100
2.80-2.84	95	2.30-2.34	95
2.75-2.79	91	2.25-2.29	91
2.70-2.74	87	2.20-2.24	87
2.65-2.69	84	2.15-2.19	84
2.60-2.64	81	2.10-2.14	81
2.55-2.59	78	2.05-2.09	78
2.50-2.54	75	2.00-2.04	75
2.45-2.49	72	1.95-1.99	72
2.40-2.44	69	1.90-1.94	69
2.35-2.39	66	1.85-1.89	66
2.30-2.34	63	1.80-1.84	63
2.25-2.29	60	1.75-1.79	60
2.20-2.24	57	1.70-1.74	57
2.15-2.19	54	1.65-1.69	54
2.10-2.14	51	1.60-1.64	51
2.05-2.09	48	1.55-1.59	48
2.00-2.04	45	1.50-1.54	45
1.95-1.99	43	1.45-1.49	43
1.90-1.94	41	1.40-1.44	41
1.85-1.89	39	1.35-1.39	39
1.80-1.84	37	1.30-1.34	37
1.75-1.79	35	1.25-1.29	35
1.70-1.74	33	1.20-1.24	33
1.65-1.69	31	1.15-1.19	31
1.60-1.64	29	1.10-1.14	29
1.55-1.59	27	1.05-1.09	27
1.50-1.54	25	1.00-1.04	25
1.45-1.49	24	0.95-0.99	24
1.40-1.44	23	0.90-0.94	23
1.35-1.39	22	0.85-0.89	22
1.30-1.34	21	0.80-0.84	21
1.25-1.29	20	0.75-0.79	20
1.20-1.24	19	0.70-0.74	19
1.15-1.19	18	0.65-0.69	18
1.10-1.14	17	0.60-0.64	17
1.05-1.09	16	0.55-0.59	16
1.00-1.04	15	0.50-0.54	15
0.99 and Below	14	0.49 and Below	14



## ANNEXURE – II (C)

## PERFORMANCE CONVERSION TABLE OVER HEAD BACK THROW

Men (3 Kg Medicine Ball)		Women (2 Kg Medicine Ball)	
Distance (in meters)	Points	Distance (in meters)	Points
15.00 and Above	100	12.50 and Above	100
14.50	95	12.00	95
14.00	90	11.50	90
13.50	85	11.00	85
13.00	80	10.50	80
12.50	76	10.00	76
12.00	72	9.50	72
11.50	68	9.00	68
11.00	64	8.50	64
10.50	60	8.00	60
10.00	56	7.50	56
9.50	52	7.00	52
9.00	48	6.50	48
8.50	44	6.00	44
8.00	40	5.50	40
7.50	37	5.00	37
7.00	34	4.50	34
6.50	31	4.00	31
6.00	28	3.50	28
5.50	25	3.00	25
5.00	23	2.50	23
4.50	21	2.00	21
4.00	19	1.50	19
3.50 and Below	17	1.00 and Below	17

## PERFORMANCE CONVERSION TABLE

### 1000 METERS RUN/WALK

Men				Women			
Timing (Seconds)	Points	Timing (Seconds)	Points	Timing (Seconds)	Points	Timing (Seconds)	Points
3:00 and Below	100	3:41-3:42	59	4:00 and Below	100	4:41-4:42	59
3:01	99	3:43-3:44	58	4:01	99	4:43-4:44	58
3:02	98	3:45-3:46	57	4:02	98	4:45-4:46	57
3:03	97	3:47-3:48	56	4:03	97	4:47-4:48	56
3:04	96	3:49-3:50	55	4:04	96	4:49-4:50	55
3:05	95	3:51-3:52	54	4:05	95	4:51-4:52	54
3:06	94	3:53-3:54	53	4:06	94	4:53-4:54	53
3:07	93	3:55-3:56	52	4:07	93	4:55-4:56	52
3:08	92	3:57-3:58	51	4:08	92	4:57-4:58	51
3:09	91	3:59-4:00	50	4:09	91	4:59-5:00	50
3:10	90	4:01-4:02	49	4:10	90	5:01-5:02	49
3:11	89	4:03-4:04	48	4:11	89	5:03-5:04	48
3:12	88	4:05-4:06	47	4:12	88	5:05-5:06	47
3:13	87	4:07-4:08	46	4:13	87	5:07-5:08	46
3:14	86	4:09-4:10	45	4:14	86	5:09-5:10	45
3:15	85	4:11-4:12	44	4:15	85	5:11-5:12	44
3:16	84	4:13-4:14	43	4:16	84	5:13-5:14	43
3:17	83	4:15-4:16	42	4:17	83	5:15-5:16	42
3:18	82	4:17-4:18	41	4:18	82	5:17-5:18	41
3:19	81	4:19-4:20	40	4:19	81	5:19-5:20	40
3:20	80	4:21-4:22	39	4:20	80	5:21-5:22	39
3:21	79	4:23-4:24	38	4:21	79	5:23-5:24	38
3:22	78	4:25-4:26	37	4:22	78	5:25-5:26	37
3:23	77	4:27-4:28	36	4:23	77	5:27-5:28	36
3:24	76	4:29-4:30	35	4:24	76	5:29-5:30	35
3:25	75	4:31-4:32	34	4:25	75	5:31-5:32	34
3:26	74	4:33-4:34	33	4:26	74	5:33-5:34	33
3:27	73	4:35-4:36	32	4:27	73	5:35-5:36	32
3:28	72	4:37-4:38	31	4:28	72	5:37-5:38	31
3:29	71	4:39-4:40	30	4:29	71	5:39-5:40	30
3:30	70	4:41-4:43	29	4:30	70	5:41-5:43	29
3:31	69	4:44-4:46	28	4:31	69	5:44-5:46	28
3:32	68	4:47-4:49	27	4:32	68	5:47-5:49	27
3:33	67	4:50-4:52	26	4:33	67	5:50-5:52	26
3:34	66	4:53-4:55	25	4:34	66	5:53-5:55	25
3:35	65	4:56-4:58	24	4:35	65	5:56-5:58	24
3:36	64	4:59-5:01	23	4:36	64	5:59-6:01	23
3:37	63	5:02-5:04	22	4:37	63	6:02-6:04	22
3:38	62	5:05-5:07	21	4:38	62	6:05-6:07	21
3:39	61	5:08-5:10	20	4:39	61	6:08-6:10	20
3:40	60	5:11 and Above	19	4:40	60	6:11 and Above	19

**Note :** The performance in four items will be converted into points on the basis of above tables and the required weightage of final points will be considered as the performance in Physical Fitness Test.

# Admission Test (2018-19) Physical Fitness Test

## Guideline 50 Meter Dash

Sprint or speed tests can be performed over varying distances, depending on the factors being tested and the relevance to the sport. The 50 Meter Sprint is part of the International Physical Fitness Test, and their protocol is listed here.

**Purpose:** The aim of this test is to determine acceleration and speed.

**Equipment required:** measuring tape or marked track, stopwatch, cone markers, flat and clear surface of at least 70 meters.

**Procedure:** The test involves running a single maximum sprint over 50 meters, with the time recorded. A thorough warm up should be given, including some practice starts and accelerations. Start from a stationary standing position (hands cannot touch the ground), with one foot in front of the other. The front foot must be behind the starting line. Once the subject is ready and motionless, the starter gives the instructions "set" then "go.". The tester should provide hints for maximizing speed (such as keeping low, driving hard with the arms and legs) and the participant should be encouraged to not slow down before crossing the finish line.



## Standing Long Jump Test (Broad Jump)

The Standing long jump, also called the Broad Jump, is a common and easy to administer test of explosive leg power.

**Purpose:** to measure the explosive power of the legs

**Equipment required:** tape measure to measure distance jumped, non-slip floor for takeoff, and soft landing area preferred. Commercial Long Jump Landing Mats are also available. The take off line should be clearly marked.

**Procedure:** The athlete stands behind a line marked on the ground with feet slightly apart. A two foot take-off and landing is used, with swinging of the arms and bending of the knees to provide forward drive. The subject attempts to jump as far as possible, landing on both feet without falling backwards. Three attempts are allowed. See some long jump video examples.

**Scoring:** The measurement is taken from take-off line to the nearest point of contact on the landing (back of the heels). Record the longest distance jumped, the best of three attempts. The table below gives a rating scale for the standing long jump test for adults, based on personal experiences. See some athlete results for the long jump test. You can also use this calculator to convert cm to feet and inches.





**Variations / modifications:** A long jump landing pit may be used instead of a hard surface, which enables the subject to confidently put more effort into the jump, and to extend the legs further in front of the body for landing. This technique also allows those with greater skill to score longer jumps, which is undesirable if you are trying to test for leg power only. Generally longer distances should be achieved with this technique, so the norm table above would not be accurate. The Eurofit Test recommends using a graduated mat for ease of recording jump distance on the landing surface.

## Overhead Power Ball Throw (backwards)

The test involves throwing a Power Ball (or medicine ball) for maximum distance. The Overhead Power Ball Throw was once one of the tests of the SPARQ rating system for basketball and soccer, and the protocol that they used is listed here. There is a similar back throw test using a 8lb shot put.

**Aim:** This test measures core strength and total body power.

**Equipment required:** 2 or 3 kg power ball (For boys its 3kg, and for girls its 2kg), tape measure, clear open area for testing.

**Procedure:** The athlete starts by standing facing away from the direction they are going to throw, with their heels at the start line. The starting position is with the ball in both hands, held above the head, with arms extended. Keeping the arms extended, swing the ball down between your legs while flexing the knees. Then in one motion the ball is flung up and back over the head. Several practices may be required to get the best trajectory for maximum distance. The athlete is permitted to fall backward over the line after the ball is released. Three attempts are allowed.

**Scoring:** The distance from the starting line to where the ball first lands is recorded. The measurement is recorded to the nearest foot. The best result of three throws is recorded.

## 1000 Meter Run/Walk Test

The 1 km run test for male and 600mtrs run test for females is one of the fitness tests used in the International Physical Fitness Test battery. The distance used is actually less than 1 km for girls and young boys.

**Purpose:** This test measures aerobic fitness in the young or those of low fitness level.

**Equipment required:** oval or running track, stopwatch.

**Procedure:** The aim of this test is to complete the required distance in the fastest possible time. On the signal, “ready,” all participants line up behind the starting line. On the command ‘Go!’ the clock will start, and they will begin running at their own pace. Cheering or calling out the elapsed time is also permitted to encourage the participants. Walking is permitted but not encouraged.

**Scoring:** The total time taken to complete the distance is recorded, in minutes and seconds.



## Format of Affidavit by the Student for Anti-Ragging

(To be notarized on a stamp paper of Rs. 100/-)

1) I, \_\_\_\_\_ S/o/D/oMr./Mrs. \_\_\_\_\_, having been admitted to National Sports University, Imphal, have received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009, (hereinafter called the "Regulations") carefully read and fully understood the provisions contained in the said Regulations.

2) I have, in particular, perused Clause 3 of the Regulations and am aware as to what constitutes ragging.

3) I have also, in particular, perused Clause 7 and Clause 9.1 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against me in case I am found guilty of or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.

4) I hereby solemnly aver and undertake that -

a) I will not indulge in any behaviour or act that may be constituted as ragging under clause 3 of the Regulations.

b) I will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under Clause 3 of the Regulations.

5) I hereby affirm that, if found guilty of ragging, I am liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against me under any penal law or any law for the time being in force.

6) I hereby declare that I have not been expelled or debarred from admission in any institution in the country on account of being found guilty of abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, I am aware that my admission is liable to be cancelled.

Declared this \_\_\_\_\_ day of \_\_\_\_\_ month of \_\_\_\_\_ year.

.....  
Signature of Deponent  
Name:

### VERIFICATION

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at \_\_\_\_\_ on this the \_\_\_\_\_ of \_\_\_\_\_, \_\_\_\_\_.

.....  
Signature of Deponent  
Name:

Solemnly affirmed and signed in my presence on this the \_\_\_\_\_ of \_\_\_\_\_, \_\_\_\_\_ after reading the contents of this affidavit.

OATH COMMISSIONER

**Affidavit by Parent/Guardian for Anti-Ragging**

(To be notarized on a stamp paper of Rs. 100/-)

1) I, Mr./Mrs. \_\_\_\_\_ father/mother/guardian of \_\_\_\_\_, having been admitted to National Sports University, Imphal, have received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009, (hereinafter called the “Regulations”), carefully read and fully understood the provisions contained in the said Regulations.

2) I have, in particular, perused Clause 3 of the Regulations and am aware as to what constitutes ragging.

3) I have also, in particular, perused Clause 7 and Clause 9.1 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against my ward in case he/she is found guilty of or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.

4) I hereby solemnly aver and undertake that -

a) My ward will not indulge in any behaviour or act that may be constituted as ragging under Clause 3 of the Regulations.

b) My ward will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under Clause 3 of the Regulations.

5) I hereby affirm that, if found guilty of ragging, my ward is liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against my ward under any penal law or any law for the time being in force.

6) I hereby declare that my ward has not been expelled or debarred from admission in any institution in the country on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, the admission of my ward is liable to be cancelled.

Declared this \_\_\_\_\_ day of \_\_\_\_\_ month of \_\_\_\_\_ year.

Address:

Mobile No:

.....Signature of Deponent

Name:

**VERIFICATION**

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at \_\_\_\_\_ on this the \_\_\_\_\_ of \_\_\_\_\_, \_\_\_\_\_.

.....  
Signature of Deponent

Solemnly affirmed and signed in my presence on this the \_\_\_\_\_ of \_\_\_\_\_, \_\_\_\_\_ after reading the contents of this affidavit.

OATH COMMISSIONER

## Certificate for Scheduled Castes and Scheduled Tribes

*(The form of certificate to be produced by scheduled castes and scheduled tribes candidates applying for appointment to posts and for admission in educational institutes under Government of India)*

1. This is to Certify that Shri/Smt/Kumari\* ..... Son/  
Daughter\* of ..... of Village/Town\* .....  
..... in District/Division\* ..... of the State/Union  
Territory\* ..... belongs to the ..... caste/tribe\* which is recognized as  
a Scheduled Caste/Scheduled Tribe\* under :—

@ The Constitution (Scheduled Castes) Order, 1950

@ The Constitution (Scheduled Tribes) Order, 1950

@ The Constitution (Scheduled Castes) Union Territories Order, 1951

@ The Constitution (Scheduled Tribes) Union Territories Order, 1951

[As amended by the Scheduled Castes and Scheduled Tribes List (Modification) Order, 1956; the Bombay Reorganization Act, 1960, the Punjab Reorganization Act, 1966, The State of Himachal Pradesh Act, 1970, the North Eastern Areas (Reorganization) Act, 1971, The Scheduled Caste and Scheduled Tribes Order (Amendment) Act, 1976, The State of Mizoram Act, 1986, the State of Arunachal Pradesh Act, 1986 and the Goa, Daman and Diu (Reorganization) Act, 1987.]

@ The Constitution (Jammu & Kashmir) Scheduled Castes Order, 1956

@ The Constitution (Andaman and Nicobar Islands) Scheduled Tribes Order, 1959 as amended by the Scheduled Castes and Scheduled Tribes Order (Amendment) Act, 1976.

@ The Constitution (Dadar and Nagar Haveli) Scheduled Castes Order, 1962

@ The Constitution (Dadar and Nagar Haveli) Scheduled Tribes Order, 1962

@ The Constitution (Pondicherry) Scheduled Castes Order, 1964

@ The Constitution (Uttar Pradesh) Scheduled Tribes Order, 1967

@ The Constitution (Goa, Daman and Diu) Scheduled Castes Order, 1968

@ The Constitution (Goa, Daman and Diu) Scheduled Tribes Order, 1968

@ The Constitution (Nagaland) Scheduled Tribes Order, 1970

@ The Constitution (Sikkim) Scheduled Castes Order, 1978

@ The Constitution (Sikkim) Scheduled Tribes Order, 1978

@ The Constitution (Jammu & Kashmir) Scheduled Tribes Order, 1989

@ The Constitution (SC) Order (Amendment) Act, 1990

@ The Constitution (ST) Order (Amendment) Act, 1991

@ The Constitution (ST) Order (Second Amendment) Act, 1991

@ The Scheduled Caste and Scheduled Tribes Orders (Amendment) Act 2002

@ The Constitution (Scheduled Castes) Order (Amendment) Act, 2002

@ The Constitution (Scheduled Caste and Scheduled Tribes) Order (Amendment) Act, 2002

@ The Constitution (Scheduled Caste) Order (Second Amendment) Act, 2002



2. Applicable in the case of Scheduled Castes/Scheduled Tribes persons who have migrated from one State/Union Territory Administration to another.

This Certificate is issued on the basis of the Scheduled Caste/Scheduled Tribes certificate issued to Shri/Smt\* ..... Father/Mother  
of Shri/Smt/  
Kumari\*..... of Village/Town .....  
..... in District/Division\*..... of the State/Union Territory .....  
.....who belongs to the caste/tribe\* which is recognized as a Scheduled Caste/Scheduled Tribe in the State/Union Territory\* of ..... issued by the ..... dated .....

3. Shri/Smt/Kumari\*..... and/or\* his/her\* family ordinarily resides in village/town\*..... of .....  
District/Division\* of the State/Union Territory of .....

Signature.....

Place: .....

\*\*Designation.....

Date ..... (With Seal of Office)

- Please delete the words which are not applicable.
- Please quote specific Presidential Order.
- Delete the paragraph which is not applicable.

**Note :** The term “Ordinarily reside(s)” used here will have the same meaning as in Section 20 of the Representation of the People Act, 1950.

\*\*List of authorities empowered to issue Scheduled Caste/Scheduled Tribe Certificate.

- (i) District Magistrate/Additional District Magistrate/Collector/Deputy Commissioner/Additional Deputy Commissioner/Deputy Collector/1st Class Stipendiary Magistrate/#Sub-Divisional Magistrate/Taluka Magistrate/Executive Magistrate/Extra Assistant Commissioner.  
(#Not below of the rank of 1st Class Stipendiary Magistrate)
- (ii) Chief Presidency Magistrate/Additional Chief Presidency Magistrate/Presidency Magistrate.
- (iii) Revenue Officers not below the rank of Tehsildar.
- (iv) Sub Divisional Officer of the Area Where the candidate and/or his/her family normally resides.
- (v) Administrator/Secretary to Administrator/Development officer (Lakshadweep).

## Certificate for Other Backward Classes

The form of certificate to be produced by other backward classes candidates applying for appointment to posts and for admission in educational institutes under government of India.

This is to Certify that Shri/Smt/Kumari\* .....  
 Son/daughter\* of Shri ..... of Village/Town\* .....  
 ..... in District/Division\* ..... of the State/  
 Union Territory\* ..... belongs to the ..... Community  
 which is recognized as a backward class under :–

- @ Government of India, Ministry of Welfare Resolution No. 12011/68/93-BCC (C) dated 10th September, 1993 published in the Gazette of India Extraordinary Part-I, Section-1, No. 186 dated 13th September 1993.
- @ Government of India, Ministry of Welfare Resolution No. 12011/9/94-BCC dated 19th October, 1994, published in the Gazette of India Extraordinary Part-I, Section-1, No. 163 dated 20th October 1994.
- @ Government of India, Ministry of Welfare Resolution No. 12011/7/95-BCC dated 24th May, 1995 published in the Gazette of India Extraordinary Part-I, Section-1, No. 88 dated 25th May 1995.
- @ Government of India, Ministry of Welfare Resolution No. 12011/96/94-BCC dated 09th March, 1996 published in the Gazette of India Extraordinary Part-I, Section-1, No. 60 dated 11th March 1996.
- @ Government of India, Ministry of Welfare Resolution No. 12011/44/96-BCC dated 06th December, 1996 published in the Gazette of India Extraordinary Part-I, Section-1, No. 210 dated 11th December 1996.
- @ Government of India, Ministry of Welfare Resolution No. 12011/99/94-BCC dated 11th December, 1997 published in the Gazette of India Extraordinary Part-I, Section-1, No. 236 dated 12th December 1997.
- @ Government of India, Ministry of Welfare Resolution No. 12011/13/97-BCC dated 03rd December, 1997 published in the Gazette of India Extraordinary Part-I, Section-1, No. 239 dated 17th December 1997.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/68/98-BCC dated 27th October, 1999 published in the Gazette of India Extraordinary Part-I, Section-1, No. 241 dated 27th October 1999.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/88/98-BCC dated 06th December, 1999 published in the Gazette of India Extraordinary Part-I, Section-1, No. 270 dated 06th December, 1999.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/36/99-BCC dated 04th April, 2000 published in the Gazette of India Extraordinary Part-I, Section-1, No. 71 dated 04th April, 2000
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/44/99-BCC dated 21st September, 2000 published in the Gazette of India Extraordinary Part-I, Section-1, No. 210 dated 21st September, 2000.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12015/9/2000-BCC dated 06th September, 2001 published in the Gazette of India Extraordinary Part-I, Section-1, No. 246 dated 06th September, 2001.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/1/2001-BCC dated 19th June, 2003 published in the Gazette of India Extraordinary Part-I, Section-1, No. 151 dated 20th June, 2003.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/4/2002-BCC dated 13th January, 2004 published in the Gazette of India Extraordinary Part-I, Section-1, No. 09 dated 13th January, 2004.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/14/2004-BCC dated 12th March, 2007 published in the Gazette of India Extraordinary Part-I, Section-1, No. 67 dated 12th March, 2007.

Shri/Smt/Kumari\* ..... and/or\* his/her\* family ordinarily  
 resided in Village/Town ..... of .....  
 District/Division\* of the State/Union Territory\* of .....

This is also to certify that he/she\* does not belong to the person/sections\* (Creamy layer) mentioned in column 3 of the Schedule to the Government of India, Department of Personnel & Training O.M. No. 36012/22/93-Estt. (SCT) dated 08th September 1993, O.M. No. 36033/3/2004-Estt (Res.) dated 09th March 2004 and O.M. No. 36033/3/2004-Estt. (Res) dated 14th October 2008.

Place: .....

Signature .....

Date .....

\*\*Designation .....

(With Seal of Office)

\*Please delete the words which are not application. @Strike out whichever is not applicable.

Note: The term “Ordinarily reside(s)” used here will have the same meaning as in Section 20 of the Representation of the People Act, 1950.

\*\*List of authorities empowered to issue OBC Certificate.

(i) District Magistrate/Additional District Magistrate/Collector/Deputy Commissioner/Additional Deputy Commissioner/Deputy Collector/1st Class Stipendiary Magistrate/#Sub-Divisional Magistrate/Taluka Magistrate/Executive Magistrate/Extra Assistant Commissioner.

(#not below of the rank of 1st Class Stipendiary Magistrate)

(ii) Chief Presidency Magistrate/Additional Chief Presidency Magistrate/Presidency Magistrate.

(iii) Revenue Officers not below the rank of Tehsildar.

(iv) Sub Divisional Officer of the Area Where the candidate and/or his/her family normally resides.

(v) Administrator/Secretary to Administrator/Development officer (Lakshadweep).

**Note 1:** Candidates claiming to belong to OBCs should note that the name of their caste(including its spellings) as indicated in their certificates, should be exactly the same as published in the lists notified by the Central Government from time to time. A certificate containing any variation in the caste name will not be accepted.

**Note 2:** The OBC claim of a candidate will be determined in relation to the State (or part of the State) to which his/her father originally belongs. A candidate who has migrated from one State (or part of the State) to another should, therefore, produce an OBC certificate which should have been issued to him/her based on his/her father's OBC certificate from the State to which he (father) originally belongs.

**NATIONAL SPORTS UNIVERSITY**  
**IMPHAL, MANIPUR**

**NON-CREAMY LAYER DECLARATION FORM**

*(In addition to the Community Certificate to be submitted by OBC Candidate)*

I .....  
Son/Daughter  
of Shri ..... resident of Village/Town/City .....  
..... District ..... State ..... he reby  
declare that I belong to the ..... community which is recognized as a  
backward class by the Government of India for the purpose of reservation in services as per orders  
contained in Department of Personnel and Training Office Memorandum No. 36102/22/93-Estt. (SCT)  
dated 08th September 1993. It is also declared that I do not belong to persons/sections/sections (Creamy  
Layer) mentioned in column 3 of the Schedule to the Government of India, Department of Personnel &  
Training O.M. No. 36012/22/93-Estt. (SCT) dated 08th September 1993, O.M. No. 36033/3/2004-Estt.  
(Res.) dated 09th March 2004, O.M. No. 36033/3/2004-Estt. (Res.) dated 14th October 2008 and O.M.  
No. 36033/1/2013 (Res.) dated 27th May 2013.

Address (Ordinary Residence)

Signature .....

Full Name

Date .....



# NATIONAL SPORTS UNIVERSITY IMPHAL, MANIPUR

## Affidavit by the Student for Submission of Migration Certificate (MC) and Transfer Certificate (TC)

I, ....., S/o / D/o Mr./Mrs. ...., having been admitted to National Sports University, Imphal, and I have carefully read and fully understood the conditions / provisions contained in the below mentioned affidavit:-

1) I hereby solemnly aver and undertake that I will submit my Migration Certificate within 06 (six) months and Transfer Certificate (TC) within 15 (fifteen) days from the date of my admission in the University (NSU, Manipur).

2) I hereby affirm that if the Migration Certificate (MC) and/or Transfer Certificate (TC) is/are not submitted by me in the University (NSU) within the stipulated time limit i.e. 06 months for Migration and 15 days for TC, in such circumstances, my admission shall be liable to be cancelled.

3) I hereby declare that I am well versed with the condition and I will abide by the stipulated time limit for submission of Migration Certificate and Transfer Certificate. In case I fail to do so, my admission shall be liable to be cancelled.

Declared this \_\_\_\_\_ day of \_\_\_\_\_ month of 2018.

.....

Signature of Deponent

Name of Student: .....

### VERIFICATION

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at ..... on this the ..... of ....., 2018.

.....

Signature of Deponent

Solemnly affirmed and signed in my presence on this the ..... of ..... , ..... after reading the contents of this affidavit.

OATH COMMISSIONER

## **NATIONAL SPORTS UNIVERSITY IMPHAL, MANIPUR**

### **DECLARATION OF MEDICAL FITNESS OF CANDIDATE**

(To be executed by the candidate and parents at the time of admission)

I, ..... S/o / D/o Mr./Mrs. ....,  
hereby declare that I/my ward is not suffering from:

- a. Hypertension.
- b. Bronchial Asthma.
- c. Heart Disease.
- d. Inveterate Skin Disease.
- e. Venereal Disease (V.D.).
- f. Traces of previous acute or chronic disease pointing to and impaired constitution.
- g. Contagious Disease.

and if I/my ward is found suffering from any of the above illnesses [from (a) to (g)] after admission in the University (NSU) and during the span of course in such circumstances, the decision of the authorities shall be final and I will abide by it.

(Signature of Parent/Guardian)

(Signature of Student)

Date:

**SEMESTER-WISE FEE STRUCTURE FOR SESSION 2018-'19****UNDERGRADUATE PROGRAMMES****B.P.E.S / B.Sc. (Sports Coaching)**

NAME OF THE HEAD	INDIAN STUDENTS		FOREIGN STUDENTS	
	I Semester	II Semester	I Semester	II Semester
Tuition Fee	5000	5000	9450	9450
Identity Card Fee	100	0	100	0
Medi – claim Insurance	1000	0	1000	0
Caution Money (Refundable)	2000	0	2000	0
Registration/Immigration Fee	600	0	6000	0
Hostel cum Electricity fee	2000	2000	2500	2500
Syllabus Fee	100	100	100	100
Admission fee	5000*	0	5000*	0
Examination Fee	1500	1500	1500	1500
Mess Fund	25000	25000	25000	25000
Sports Fund	1200	1200	1200	1200
Development Fund	1200	1200	3600	3600
Medical Fund	500	500	500	500
Student Cultural / Literary Society Fund	500	500	500	500
Student Welfare Fund	100	100	300	300
Library Fund	500	500	500	500
<b>TOTAL</b>	<b>46,300/-</b>	<b>37,600/-</b>	<b>59,250/-</b>	<b>45,150/-</b>
	<b>Rs.83,900/-</b>		<b>Rs.1,04,400/-</b>	

\*Non refundable and payable at the time of counselling in addition to portal charges.

Uniform fund will be Approximately 9000

**NOTE:**

1. Above fee schedule applicable for the current year only Fee Scheduled for subsequent years as decided from time to time will prevail.
2. Mess charges will be subject to University's discretion and review.

**ANNEXURE –VIII(B)****SEMESTER WISE FEE STRUCTURE FOR SESSION 2018-'19****POSTGRADUATE PROGRAMMES****M.Sc.(Sports Coaching)/ M.A. (Sports Psychology)**

NAME OF THE HEAD	INDIAN STUDENTS		FOREIGN STUDENTS	
	I Semester	II Semester	I Semester	II Semester
Tuition Fee	3150	3150	9450	9450
Identity Card Fee	100	0	100	0
Medi- claim Insurance	1000	0	1000	0
Caution Money (Refundable)	2000	0	2000	0
Registration/ Immigration Fee	600	0	6000	0
Hostel cum Electricity fee	2000	2000	2000	2000
Syllabus Fee	100	100	100	100
Admission fee	5000*	0	5000*	0
Examination Fee	1500	1500	1500	1500
Mess Fund	25000	25000	25000	25000
Sports Fund	1200	1200	1200	1200
Development Fund	1200	1200	3600	3600
Medical Fund	500	500	500	500
Student Cultural / Literary Society Fund	500	500	500	500
Student Welfare Fund	100	100	300	300
Library Fund	500	500	500	500
<b>TOTAL</b>	<b>44,450/-</b>	<b>35,750/-</b>	<b>58,750/-</b>	<b>44,650/-</b>
	<b>Rs.80,200/-</b>		<b>Rs. 1,03,400/-</b>	

\*Non refundable and payable at the time of counselling in addition to portal charges.

\* Uniform Fund will be Approximate Rs. 8,000/- Presented in Annexure VIII (C)

**NOTE:**

1. Above fee schedule applicable for the current year only. Scheduled for subsequent years as decided from time to time will prevail.
2. Mess charges will be subject to University's discretion and review.



**ANNEXURE –VIII(C)****Uniform for B.P.E.S. and BSc. (Sports Coaching), M.Sc. (Sports Coaching) and M.A(Sports Psychology)**

The Uniform shall be purchased by the committee. The approximate cost of uniform shall be 9000/- for UG and 8000 for PG courses.

**BPES/BSc. (Sports Coaching)**

S.N.	Items	Boys / Girls	
1.	T-Shirt	Four	Four
3.	Shorts	Four	Four
4.	Track Suit	One	One
5.	Shirt (Full Sleeves)	One	One
6.	Pant	One	One
7.	Tie	One	One
8.	Blazer	One	One
9.	Bag	One	One
10	Sweater	One	One

**MSc. (Sports Coaching)/MA (Sports Psychology)**

S.N.	Items	Men / Girls	
1.	T-Shirt	Two	Two
2.	T- Shirt (White)	One	One
3.	Shorts	Two	Two
4.	Track Suit	One	One
5.	Shirt (Full Sleeves)	One	One
6.	Pant	One	One
7.	Tie	One	One
8.	Blazer	One	One
9.	Bag	One	One
10	Sweater	One	One

The uniform to be worn by the students shall be decided by an 'Student Uniform Committee' constituted internally by the concerned authority. The Committee shall have faculty members

and student representatives as its members and shall be responsible for deciding upon the uniform

as well as procuring the same on a "No Profit, No Loss" basis.

## GUIDELINES FOR ADMISSION OF FOREIGN CANDIDATES

The following are the guidelines for foreign candidates who are seeking admission to National Sports University, Manipur. These guidelines have been framed to formulate the procedure to be followed regarding eligibility to apply and admission to various programmes offered by the University.

### 1. DEFINITION OF FOREIGN CANDIDATE

The term 'Foreign Candidate' includes:

- (a) **Foreign Candidates:** Candidates holding citizenship of foreign nations;
- (b) **Persons of Indian Origin (PIO):** A person who or any of whose ancestors was an Indian national and who is presently holding another country's citizenship/nationality. That is, he/she is the holder of a foreign passport; and
- (c) **Non-Resident Indians(NRI):** A Non-Resident Indian is an Indian citizen who is residing outside India and holds an Indian passport. Only those NRI candidates who have studied and passed the qualifying examinations from schools or colleges in foreign countries will be considered as foreign students.

NRIs will include those candidates who have studied or are studying in schools or colleges situated in foreign countries even if such schools or colleges are affiliated to the Boards of Secondary Education or Universities located in India.

But NRIs will **not** include students studying in those schools or colleges (situated in India) and affiliated to the Boards of Secondary Examinations or Universities located in foreign countries as external students. Similarly, dependants of NRIs studying in India also will **not** be considered as foreign students.

### 2. GENERAL INSTRUCTIONS

- (a) A foreign student willing to pursue an undergraduate or postgraduate programme at National Sports University should submit the Admission Application Form offline, as mentioned in the Admission Prospectus.
- (b) The Admission Application Form can be downloaded from [www.yas.nic.in](http://www.yas.nic.in), duly filled-in, scanned and mailed to [regnsu2018@gmail.com](mailto:regnsu2018@gmail.com) along with a cover letter or couriered along with a cover letter to **The Registrar, National Sports University, Khuman Lampak Campus, Imphal, Manipur, India.**
- (c) The cover letter shall mention details of the amount transferred towards the cost of the Admission Application Form.
- (d) The cost of the Application Form shall be **Rs.1000/-**. The amount shall be transferred to the bank account of NSU by **RTGS** in the name of **National Sports University, Account No. 073201000032372, IFSC Code: IOBA0000732.**
- (e) All letters/queries relating to admission of foreign student should be addressed to **The Registrar, National Sports University, Khuman Lampak Campus, Imphal, Manipur, India** or emailed to [regnsu2018@gmail.com](mailto:regnsu2018@gmail.com) or may be contacted at **+91 385 2421004.**
- (f) The admission of foreign students shall be supernumerary, i.e., over and above sanctioned intake.

### 3. FOREIGN EXAMINATIONS RECOGNIZED BY AIU

The Association of Indian Universities (AIU) has recognised the following foreign examinations as equivalent to +2 stage examination of Indian school boards for admission to undergraduate programmes - professional as well as non-professional – at Indian universities. It may be noted that the AIU amends this list from time to time.

- (a) 12 years Baccalaureate Certificate from Afghanistan, France, Iraq, and Tunisia.
- (b) 12 years General Secondary Education Certificate of the Ministry of Education from the Kingdom of Bahrain, Egypt, Iran, Jordan, Kuwait, Oman, Kingdom of Saudi Arabia, United Arab Emirates, and other Gulf countries.
- (c) GCE/IGCSE examinations of the approved British Examining Bodies in UK, Singapore, Hong Kong and Mauritius with passes in 5 subjects at 'Ordinary Level' and 2 subjects at 'Advanced Level'. For admission to professional courses – medical / engineering Advanced Level Passes in Physical, Chemistry, Biology, Mathematics and English are essential besides 5 (five) passes at GCE 'Ordinary Level'.
- (d) High School Diploma from accredited School of USA.
- (e) Intermediate/Senior Secondary/Higher Secondary of the approved Boards in Pakistan, Bangladesh and Nepal.
- (f) 12 years Secondary stage qualification of National Examination Board/Council in of the Ministry of Education – Kenya, Nigeria, Ethiopia, Sudan, Uganda, and Tanzania.
- (g) 12 years secondary stage Examination conducted by various provinces in Australia and Canada.
- (h) GCE 'Ordinary' and 'Advanced' level examination of the Department of Examination, Govt. of Sri Lanka.
  - (i) 12- year STPM examination of Malaysia.
  - (j) 12- year Secondary Stage qualification of Indonesia, Japan, Korea, Socialist Republic of Vietnam, and Yemen Arab Republic.
- (k) 'Abitur' of Germany.
- (l) 12- year High School Diploma awarded by the accredited American School/Foreign Schools in other countries following American pattern of education.
- (m) Any other qualification determined as equivalent by the AIU from time to time.

### 4. ADMISSION OF FOREIGN STUDENTS

- (a) Admission of foreign students shall be granted in accordance with the provisions detailed in the Admission Prospectus of the University and/or on receipt of the application through Diplomatic Channels (i.e., routed through the Indian Missions/Ministry of External Affairs) on qualifying the test prescribed for the purpose.
- (b) The last date for admission of foreign candidates shall be 14<sup>th</sup> August each year.
- (c) The admission shall be subject to production of following documents:
  - (i) Proof of Date of Birth.
  - (ii) Certificate and Marksheet of Qualifying Examination.
  - (iii) Equivalency Certificate issued by the AIU.
  - (iv) Copy of Passport for Foreign Citizens, wherever applicable Dual Citizenship Card for PIO, wherever applicable; or NRI Status Certificate, wherever applicable.

- (v) Required Application Fee.
  - (vi) Medical Fitness Certificate from a registered Medical Practitioner.
  - (vii) Character Certificate from the Institute/School last attended.
  - (viii) A certificate from nearest Police Station certifying that no vigilance/disciplinary case is pending or being contemplated against him/her.
  - (ix) Migration Certificate (in original).
  - (x) Transfer Certificate (in original).
  - (xi) Highest sports participation certificate of the preceding four academic Years.
  - (xii) Six copies of passport-size photographs.
- (d) All rules and regulations of the University issued from time to time, shall be applicable to Foreign students as the other students.





Every effort is made to ensure that the course information, applicable policies, and other information contained in this prospectus are accurate and current at the time the prospectus goes to press. NSU reserves the right to make changes at any time without prior notice.



# **NATIONAL SPORTS UNIVERSITY**

Imphal, Manipur

**Department of Sports**  
**Ministry of Youth Affairs & Sports**  
Government of India